

British International School of Jeddah
Physical Education Department
Year 7 Curriculum, Reporting and Assessment Outline for 2019-20

Curriculum Outline:

Reporting Period	Unit	Approximate Timeframe	Approximate Dates
1	Adventure Based Learning	1 week	25 August – 29 August
	R.E.S: Hockey	7 weeks	1 September – 17 October
	Water Games / Fitness #1	10 weeks	1 September – 14 November
2	Athletics	7 weeks	27 October – 12 December
	Sports Education: Tchoukball & Fast Five Netball	7 weeks	5 January – 20 February
	Biathlon / Striking Games	11 weeks	18 November – 20 February
3	International Games: AFL	6 weeks	1 March – 9 April
	Net Games: Handball, Table Tennis, Mini-Tennis	4 weeks	26 April – 21 May
	Water Games / Fitness #2	10 weeks	1 March – 21 May
Not Assessed	Low Organised Games	3 weeks	31 May – 18 June

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday September 1st to Thursday October 17th
- Term 2 reports will be issued on the 12th of March and use data gathered from Sunday October 27th to Thursday 20th February
- Term 3 reports will be issued on the 18th of June and use data gathered from Sunday 1st March to Thursday 21st May

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in Year 7 KS3 Physical Education for 2019-20

Assessment Point	Mode of Assessment	Weighting
Reporting Period 1	Adventure Based Learning	<i>Not Assessed</i>
	R.E.S Self-Assessment: Understanding & Application of R.E.S	40%
	R.E.S Teacher-Assessment: Motor Performance	40%
	Fitness Assessment Profile #1	10%
	Aquatics - Underwater Games Assessment	10%
Reporting Period 2	Athletics Individual Performance Assessment	20%
	Athletics Teacher Assessment: Self Reflective Questions	10%
	Sports Education Teacher Assessment: Application of Interpersonal Skills	30%
	Sports Education Peer-Assessment: Team Role Performance	30%
	Aquatics – Biathlon Assessment	10%
Reporting Period 3	International Games	<i>Not Assessed</i>
	Net Games Peer-Assessment: Motor Performance	30%
	Net Games Self-Assessment: Net Games Understanding	30%
	Fitness Assessment Profile #2	30%
	Aquatics – Water Games Assessment	10%
	Low Organised Games	<i>Not Assessed</i>

British International School of Jeddah
Physical Education Department
Year 8 Curriculum, Reporting and Assessment Outline for 2019-20

Curriculum Outline:

Reporting Period	Unit	Approximate Timeframe	Approximate Dates
1	Adventure Based Learning	1 week	25 August – 29 August
	R.E.S: Ripper Rugby	7 weeks	1 September – 17 October
	Water Games / Fitness #1	10 weeks	1 September – 14 November
2	Athletics	7 weeks	27 October – 12 December
	Sports Education: Handball	7 weeks	5 January – 20 February
	Biathlon / Striking Games	11 weeks	18 November – 20 February
3	International Games: Ultimate Frisbee	6 weeks	1 March – 9 April
	Net Games: Badminton, Volleyball	4 weeks	26 April – 21 May
	Water Games / Fitness #2	10 weeks	1 March – 21 May
Not Assessed	Minor Games	3 weeks	31 May – 18 June

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday September 1st to Thursday October 17th
- Term 2 reports will be issued on the 12th of March and use data gathered from Sunday October 27th to Thursday 20th February
- Term 3 reports will be issued on the 18th of June and use data gathered from Sunday 1st March to Thursday 21st May

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in Year 8 KS3 Physical Education for 2019-20

Assessment Point	Mode of Assessment	Weighting
Reporting Period 1	Adventure Based Learning	<i>Not Assessed</i>
	R.E.S Teacher-Assessment: Understanding & Application of R.E.S	40%
	R.E.S Self-Assessment: Motor Performance	40%
	Fitness Assessment Profile #1	10%
	Aquatics - Underwater Games Assessment	10%
Reporting Period 2	Athletics Individual Performance Assessment	20%
	Athletics Teacher Assessment: Self Reflective Questions	10%
	Sports Education Teacher Assessment: Session Plan Design	30%
	Sports Education Peer-Assessment: Application of Fair Play Concepts	30%
	Aquatics – Biathlon Assessment	10%
Reporting Period 3	International Games	<i>Not Assessed</i>
	Net Games Teacher-Assessment: Motor Performance (3 Offensive Skills)	30%
	Net Games Self-Assessment: Net Games Tactics and Strategies	30%
	Fitness Assessment Profile # 2	30%
	Aquatics – Water Games Assessment	10%
	Minor Games	<i>Not Assessed</i>

British International School of Jeddah
Physical Education Department
Year 9 Curriculum, Reporting and Assessment Outline for 2019-20

Curriculum Outline:

Reporting Period	Unit	Approximate Timeframe	Approximate Dates
1	Adventure Based Learning	1 week	25 August – 29 August
	R.E.S: Ultimate Frisbee	7 weeks	1 September – 17 October
	Water-polo / Fitness #1	10 weeks	1 September – 14 November
2	Athletics	7 weeks	27 October – 12 December
	Sports Education: Basketball	7 weeks	5 January – 20 February
	Biathlon / Striking Games	11 weeks	18 November – 20 February
3	International Games: NFL, Lacrosse	6 weeks	1 March – 9 April
	Net Games: Seepak Takraw	4 weeks	26 April – 21 May
	Personal Survival-Life Saving / Fitness #2	10 weeks	1 March – 21 May
Not Assessed	Tag Games	3 weeks	31 May – 18 June

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday September 1st to Thursday October 17th
- Term 2 reports will be issued on the 12th of March and use data gathered from Sunday October 27th to Thursday 20th February
- Term 3 reports will be issued on the 18th of June and use data gathered from Sunday 1st March to Thursday 21st May

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in Year 9 KS3 Physical Education for 2019-20

Assessment Point	Mode of Assessment	Weighting
Reporting Period 1	Adventure Based Learning	<i>Not Assessed</i>
	R.E.S Teacher-Assessment: Application of R.E.S Resilience	40%
	R.E.S Peer-Assessment: Motor Performance	40%
	Fitness Assessment Profile #1	10%
	Aquatics - Underwater Games Assessment	10%
Reporting Period 2	Athletics Individual Performance Assessment	20%
	Athletics Teacher Assessment: Self Reflective Questions	10%
	Sports Education Peer Assessment: Coaching – Application of Session Plan	30%
	Sports Education Self-Assessment: Application of IP Skills (Communication)	30%
	Aquatics – Biathlon Assessment	10%
Reporting Period 3	International Games	<i>Not Assessed</i>
	Net Games Teacher-Assessment: Refereeing	20%
	Net Games Teacher-Assessment: Motor Performance	40%
	Fitness Assessment Profile # 2	30%
	Aquatics – Water Games Assessment	10%
	Tag Games	<i>Not Assessed</i>

British International School of Jeddah
Physical Education Department
Year 11 Curriculum, Reporting and Assessment Outline for 2019-20

Curriculum Outline:

Reporting Period	Unit	Approximate Timeframe	Approximate Dates
1	Adventure Based Learning	1 week	25 August – 29 August
	Rotation 1: Volleyball, Multi-Sports, Table Tennis	7 weeks	1 September – 17 October
2	Rotation 2: Sports Education – Touch Rugby Module	7 weeks	27 October – 12 December
	Rotation 3: Badminton, Football, Table Tennis	7 weeks	5 January – 20 February
3	Rotation 4: International Games	6 weeks	1 March – 9 April

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday September 1st to Thursday October 17th
- Term 2 reports will be issued on the 12th of March and use data gathered from Sunday October 27th to Thursday 20th February
- Term 3 reports will be issued on the 18th of June and use data gathered from Sunday 1st March to Thursday 21st May

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in Year 11 Core Physical Education for 2019-20

Assessment Point	Mode of Assessment	Weighting
Reporting Period 1	Adventure Based Learning	<i>Not Assessed</i>
	Rotation 1: Student Self-Assessment Evaluation Sheet	50%
	Rotation 1: Teacher Assessment Motor Performance	50%
Reporting Period 2	Rotation 2: Student Self-Assessment Evaluation Sheet	20%
	Rotation 2: Teacher Assessment Session Plan	30%
	Rotation 3: Student Self-Assessment Evaluation Sheet	20%
	Rotation 3: Teacher Assessment Motor Performance	30%
Reporting Period 3	Rotation 4: Student Self-Assessment Evaluation Sheet	50%
	Rotation 4: Teacher Assessment Motor Performance	50%

British International School of Jeddah
Physical Education Department
Year IB1 Core PE Curriculum, Reporting and Assessment Outline for 2019-20

Curriculum Outline:

Reporting Period	Unit	Approximate Timeframe	Approximate Dates
1	Adventure Based Learning	1 week	25 August – 29 August
	Sports Rotation #1	7 weeks	1 September – 17 October
2	Sports Rotation #2	7 weeks	27 October – 12 December
	Sports Rotation #3	7 weeks	5 January – 20 February
3	Sports Rotation #4	6 weeks	1 March – 9 April
	Sports Rotation #5	4 weeks	26 April – 21 May
Not Assessed	Sports Rotation # 6 – Minor Games	3 weeks	31 May – 18 June

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday September 1st to Thursday October 17th
- Term 2 reports will be issued on the 12th of March and use data gathered from Sunday October 27th to Thursday 20th February
- Term 3 reports will be issued on the 18th of June and use data gathered from Sunday 1st March to Thursday 21st May

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in IB1 Core Physical Education for 2019-20

Assessment Point	Mode of Assessment	Weighting
Term 1	Adventure Based Learning	<i>Not Assessed</i>
	Rotation 1: Student Self-Assessment LD	50%
Term 2	Rotation 1: Teacher Assessment LD	50%
	Rotation 2: Student Self-Assessment LD	20%
	Rotation 2: Teacher Assessment LD	30%
	Rotation 3: Student Self-Assessment LD	20%
	Rotation 3: Teacher Assessment LD	30%
Term 3	Rotation 4: Student Self-Assessment LD	50%
	Rotation 4: Teacher Assessment LD	50%
	Rotation 5: Student Self-Assessment LD	50%
	Rotation 5: Teacher Assessment LD	50%
	Rotation 6	<i>Not Assessed</i>

British International School of Jeddah
Physical Education Department
Year IB2 Core PE Curriculum, Reporting and Assessment Outline for 2019-20

Curriculum Outline:

Reporting Period	Unit	Approximate Timeframe	Approximate Dates
1	Adventure Based Learning	1 week	25 August – 29 August
	Sports Rotation #1	7 weeks	1 September – 17 October
2	Sports Rotation #2	7 weeks	27 October – 12 December
	Sports Rotation #3	7 weeks	5 January – 20 February
3	Sports Rotation #4	6 weeks	1 March – 9 April

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday September 1st to Thursday October 17th
- Term 2 reports will be issued on the 12th of March and use data gathered from Sunday October 27th to Thursday 20th February
- Term 3 reports will be issued on the 18th of June and use data gathered from Sunday 1st March to Thursday 21st May

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in Year IB2 Core Physical Education for 2019-20

Assessment Point	Mode of Assessment	Weighting
Reporting Period 1	Adventure Based Learning	<i>Not Assessed</i>
	Rotation 1: Student Self-Assessment LD	50%
	Rotation 1: Teacher Assessment LD	50%
Reporting Period 2	Rotation 2: Student Self-Assessment LD	20%
	Rotation 2: Teacher Assessment LD	30%
	Rotation 3: Student Self-Assessment LD	20%
	Rotation 3: Teacher Assessment LD	30%
Reporting Period 3	Rotation 4: Student Self-Assessment LD	50%
	Rotation 4: Teacher Assessment LD	50%

British International School of Jeddah
Physical Education Department
Year 10IGCSE PE Curriculum, Reporting and Assessment Outline for 2019-20

Curriculum Outline:

Reporting Period	Unit	Approximate Timeframe	Approximate Dates
1	Unit 1: Anatomy and Physiology	10 weeks	25 August – 7 November
	Taster Sports Sessions # 1 - Reporting Period 1	10 weeks	25 August – 7 November
2	Unit 4: Social, Cultural and Ethical Issues	12 weeks	10 November – 20 February
	Taster Sports Sessions # 2 - Reporting Period 2	12 weeks	10 November – 20 February
3	Unit 3: Skill Acquisition and Psychology	10 weeks	1 March – 21 May
	1 st Sport Testing Rotation #1 ASSESSMENT	12 weeks	1 March – 11 June

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday August 25th to Thursday November 7th
- Term 2 reports will be issued on the 12th of March and use data gathered from Sunday October 27th to Thursday 20th February
- Term 3 reports will be issued on the 18th of June and use data gathered from Sunday 1st March to Thursday 21st May

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in Year 10 IGCSE Physical Education for 2019-20

Assessment Point	Mode of Assessment	Weighting
Reporting Period 1	Health, Fitness and Training Class Task	5%
	Unit 2: Health, Fitness and Training Unit Test	50%
	Principles of Training Class Task	5%
	Sport Module Practical Assessment	40%
Reporting Period 2	Leisure and Recreation Class Task	5%
	Global Events Class Task	5%
	Unit 4: Social, Cultural and Ethical Issues Unit Test 1	40%
	Sport Module Practical Assessment	50%
Reporting Period 3	Social, Cultural and Ethical Issues Unit Test 2	40%
	Types of Skills Class Task	5%
	Goal Setting Class Task	5%
	Sport Module Practical Assessment	50%
	<i>Y10IGCSE PE End of Year Test (Term 1 2020-21 Report Period)</i>	25%

British International School of Jeddah
Physical Education Department
Year 11 IGCSE PE Curriculum, Reporting and Assessment Outline for 2019-20

Curriculum Outline:

Reporting Period	Unit	Approximate Timeframe	Approximate Dates
1	Unit 2: Health, Fitness and Training Unit	15 weeks	25 August – 7 November
	2 nd Sports Testing ASSESSMENT - Reporting Period 1	7 weeks	25 August – 17 October
2	Course Review and Revision for Examination Preparation	12 weeks	12 January – 9 April
	3 rd Sports Testing ASSESSMENT - Reporting Period 2	7 weeks	27 October – 12 December
	4 th Sports Testing ASSESSMENT – Reporting Period 2	6 weeks	12 January – 20 February
3	5 th Sports Testing ASSESSMENT – Not part of report	6 weeks	1 March – 9 April

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday September 1st to Thursday October 17th
- Term 2 reports will be issued on the 12th of March and use data gathered from Sunday October 27th to Thursday 20th February
- Term 3 reports will be issued on the 18th of June and use data gathered from Sunday 1st March to Thursday 21st May

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in Year 11 IGCSE Physical Education for 2019-20

Assessment Point	Mode of Assessment	Weighting
Reporting Period 1	Y10 IGCSE PE End of Year Test (Term 1 2019-20 Report Period)	20%
	Skeletal and Muscular System Class Task	5%
	Circulatory and Respiratory System Class Task	5%
	Unit 1: Anatomy and Physiology Unit Test	20%
	Sport Module Practical Assessment	50%
Reporting Period 2	Y11 IGCSE PE Mock Exam	50%
	Sport Module Practical Assessment	50%
Reporting Period 3	Sport Module Practical Assessment (not part of report period)	Not Applicable
	No Assessments conducted in Term 3 – Moderation Submission	Not Applicable

British International School of Jeddah
Physical Education Department
IB1 Sports Exercise and Health Science Curriculum
Reporting and Assessment Outline for 2019-20

IB1 SEHS Curriculum Outline:

UNIT (CORE x 2 lessons)	APPROXIMATE TIMEFRAME	APPROXIMATE DATES (week starting)	UNIT (HL x1 lesson)	NOTES
Unit 1: Anatomy	4 weeks	25 Aug – 15 Sep	Unit 7: Further Anatomy	Same timings
Unit 2: Exercise Physiology Structure and Function	6 weeks	22 Sep – 3 Nov	Unit 8: Endocrine System Unit 9: Fatigue	Unit 8: 22 Sep – 29 Sep Unit 9: 6 Oct – 13 th Oct
Option A: Optimising Physical Performance	8 weeks	10 Nov – 19 Jan	Option A: Optimising Physical Performance	Same timings
Unit 4: Movement Analysis	7 weeks	26 Jan – 15 March	Unit 10: Friction and Drag	Same timings
Unit 6:	5 weeks	15 March – 3 May	IA preparation and teaching	
Unit 5: Skill in Sports	6 weeks total (4 weeks, and then 2 weeks start of year).	10 May – to the end of the year	Unit 11: Pedagogy	Same timings

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday August 25th to Thursday November 21st
- Term 2 reports will be issued on the 2nd April and use data gathered from Sunday November 21st to Monday 5th March
- Term 3 reports will be issued on the 18th of June and use data gathered from Tuesday 5th March to Thursday 4th June

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in IB Sports Exercise and Health Science for 2019-20.

Assessment Point	Mode of Assessment	Weighting	
		SL	HL
Term 1	Unit 1 & 2 Test (CORE) Unit 7, 8 & 9 addition (HL)	70%	70%
	Practical Lab	30%	30%
Term 2	IA pre planning and design outline	40%	40%
	Option A and Unit 4 Test Addition Unit 10 (HL)	60%	60%
Term 3	Unit 6 Test	25%	25%
	IA design and data processing	25%	25%
	Paper 1 and Paper 2 test	50%	50%

British International School of Jeddah
Physical Education Department
IB2 Sports Exercise and Health Science Curriculum
Reporting and Assessment Outline for 2019-20

IB2 SEHS Curriculum Outline:

UNIT (CORE x 2 lessons)	APPROXIMATE TIMEFRAME	APPROXIMATE DATES (week starting)
IA work	2 weeks	25 Aug
Unit 3: Nutrition	4 weeks	1 Sep – 13 Oct
Option B:	6 weeks	10 Nov – 19 Jan
Revision	8 weeks	26 Jan onwards

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday August 25th to Thursday November 21st
- Term 2 reports will be issued on the 2nd April and use data gathered from Sunday November 21st to Monday 5th March
- Term 3 reports will be issued on the 18th of June and use data gathered from Tuesday 5th March to Thursday 4th June

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in IB Sports Exercise and Health Science for 2019-20.

Assessment Point	Mode of Assessment	Weighting	
		SL	HL
Term 1	- Unit 3 Test - Mock exam - Final IA	5% 75% 20%	
Term 2	- Option B Test - Combination paper exam Paper 1 and 2 - Paper 3 -IA final (20%)	15% 40% 25% 20%	